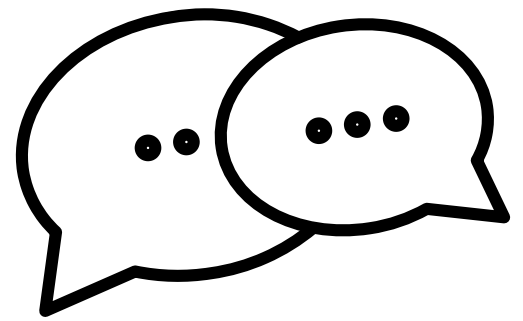


FBG FAMILY ROUNDTABLE

Spiritual Disciplines



Use this worksheet to record all of the spiritual disciplines that your family can list. Circle the ones you already do together. Put a star next to the ones that you think are really important to start doing together. You might put a star next to one you are already doing, if you think you need to do it better.